

Peters Hill Primary School

PE and Sport Premium 23-24

Total Amount of PE and Sport Premium Awarded
£22,827 (Financial Year)

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1. Introduction:

The purpose of Sport Premium funding is to improve the quality and breadth of PE and sport provision in primary schools.

It aims to:

- Increase participation in physical activities.
- Enhance the quality of PE lessons.
- Promote healthy and active lifestyles.
- Provide opportunities for competition.
- Develop staff skills for sustainable PE teaching.

The current physical activity levels and sports provision at Peters Hill are outlined through;

PE Lesson Attendance - Regular attendance in scheduled PE sessions.

Extracurricular Activities - Participation in after-school sports clubs and activities.

Fitness Levels - General assessment of children's fitness and health.

Competitions - Involvement in inter-school sports competitions and events.

Inclusive Opportunities - Engagement of all pupils, including those with SEND.

2. Key Achievements to date

- PE has developed a leadership team across the school (2 members of staff are part of this).
- Subject development plans and evaluation procedures are in place.
- Subject has received external support and challenge.
- Weekly PE lessons have a high level of engagement from children.
- KS2 Weekly PE lessons are now led by an external PE specialist.
- Lessons are well structured and provide a range of sporting opportunities for children.
- Football clubs have been re-established and are well-attended for both boys and girls.
- Children took part in Outward Bound and engaged in a huge range of activities including rock climbing, mountain biking, fencing, kayaking, raft-building, archery, high ropes.
- Children participated positively in sports day.
- Facilities have been developed well including the 4G floodlit 7-a-side football pitch that has become a key facility for the learning of PE in school as well as being utilised during extra-curricular provisions. This facility has also been extended to community use.
- Used the newly established PE overviews and medium-term planning documents to ensure all sports are suitably equipped with effective resources and equipment.
- Ensured 'Wellbeing week' becomes a sustainable yearly occurrence at Peters Hill, which offers health, fitness and wellbeing opportunities for all children.
- Developed staff subject knowledge in relation to all pathways and key competencies, with particular focus on gymnastics.
- To continue to provide high quality PE and sports opportunities during curriculum time, break times, lunch, as well as before and after school.
- Assessment opportunities and systems have been reviewed and updated in line with the whole school subject review.
- There has been a range of successful sports events and competitions attended.
- There has been increased participation in extracurricular sports clubs.
- Enhanced pupil awareness of inclusive sports and activities across the curriculum along with a better understanding of teamwork and cooperation.
- There has been a move towards a skills-based PE curriculum focusing on developing pupils' fundamental movement skills, like coordination, balance, and agility, as well as sport-specific skills. It prioritises skills acquisition over competitive play to ensure pupils gain confidence and competence in various physical activities.

3. Context

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?

80%

What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?

76%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?

80%

Sport England's latest Active Lives Children and Young People report shows that 72% of children in Year Seven meet the guidelines to swim competently, confidently and proficiently over a distance of at least 25m – December 2022.

4.Key Objectives:

- 1. Increase participation in physical activities**
- 2. Develop the quality of PE lessons**
- 3. Foster healthy lifestyles**
- 4. Provide opportunities for competitive sports**

5. Planned Expenditure:

At Peters Hill, planned expenditure for the sport premium will focus on enhancing the quality of PE and sport in school. Allocating funds will include specialist coaching, staff CPD, new equipment, and resources to support diverse activities. Additionally, investing in after-school clubs, inclusive opportunities, and community sport partnerships will ensure long-term benefits and improve pupil wellbeing. Regularly reviewing and evaluating the impact of these will ensure funds are used effectively.

1. Increase participation in physical activities

Variety - Offer a wide range of activities to suit different interests. Introducing less traditional sports (e.g., Ultimate Frisbee, yoga) and providing taster sessions in various activities. Surveying pupils to find out their interests and rotating sports each term. Partnering with local clubs for diverse opportunities

Incentives - Use rewards and recognition to motivate participation. Award "PE Star of the Week" certificates and Offer carrot points for effort and improvement. Celebrate achievements in school newsletters and assemblies. Provide sports-related prizes. Set up a display board for highlighting active pupils.

Inclusivity - Ensure activities are accessible and enjoyable for all abilities. Different tasks to suit varied skill levels and use versatile equipment that can be adapted. Incorporate inclusive games and provide clear instructions and demonstrations. Encourage teamwork and peer support.

Pupil Voice - Involve pupils in choosing activities. Running a survey to gather their interests. Setting up a suggestion box and having class discussions about favourite sports and sport related issues. Encouraging pupils to lead warm-ups or mini-games and offering a rotation of activities based on their choices.

Promotion - Highlight the benefits and fun aspects of being active. Share fun facts about health and fitness and celebrate pupils' achievements and progress. Organise themed activity days or challenges and connect activities to real-life sports and events. Use engaging visuals and videos throughout.

Planned Expenditure – £3700

Review –

To cater to diverse interests, we offer a broad range of activities, including less traditional sports. Taster sessions introduce pupils to various activities, and pupil surveys are beginning to guide the rotation of sports each year. Partnering with local clubs has started and is beginning to enhance opportunities.

We motivate participation through rewards and recognition. Certificates and carrot points are awarded for effort and improvement. Achievements are celebrated in school newsletters and assemblies, with sports-related prizes.

Our activities are accessible to all abilities, with varied tasks and adaptable equipment. We incorporate inclusive games, provide clear instructions, and demonstrations, and encourage teamwork and peer support to ensure everyone enjoys PE.

Pupils are involved in activity choices through surveys and school council feedback, suggestion boxes are being developed, along with class discussions and the school wide 'Pupil Talk' strategy. Pupils are beginning to be encouraged to lead warm-ups or mini-games, and we rotate activities based on their interests where possible, fostering engagement and enthusiasm.

We are developing how we highlight the benefits and fun of being active by sharing health facts, celebrating achievements, organising themed days and challenges, and connecting activities to real-life sports and events.

Since implementing a wider range of activities, introducing incentives, and promoting inclusivity, we've seen a significant increase in participation in physical activities across the school. Pupil surveys and class discussions are leading to more tailored and engaging PE sessions. Rewards and recognition have motivated pupils, and inclusive practices ensure everyone can join in, creating a more active and enthusiastic school environment.

2. Develop the quality of PE lessons

Professional Development - Offer training for staff on effective PE teaching methods. Arrange workshops with PE specialists and share online courses and webinars. Organise peer observation sessions and create a resource library with lesson plans and activity ideas. Hold regular staff meetings to discuss and share best practices

Varied Activities - Include a mix of sports, fitness activities, and skill development. Rotating sports each term to cover a variety including fitness circuits and challenges. Designing skill stations focusing on agility, coordination, and strength. Using games that mix different skills and activities throughout the curriculum.

Inclusivity - Adapt lessons to cater for all abilities, including SEND pupils. Pairing SEND pupils with student buddies. Breaking activities into smaller, manageable steps. Using non-verbal signals or cues for better understanding. Providing regular feedback and encouragement. Modifying environments to reduce sensory overload.

Equipment - Ensure access to a variety of good quality equipment. Create a budget plan for regularly updating equipment. Utilise school partnerships to share resources. Encourage fundraising or donations. Maintain and repair existing equipment. Rotate and store equipment carefully to extend its life.

Assessment - Regularly assess and provide feedback on pupils' progress. Use observations and checklists during activities. Implement peer assessments and self-evaluations. Hold short, one-to-one feedback sessions and set clear, attainable goals and monitor progress. Use video analysis to review performance together.

Planned Expenditure – £8527

Review –

We have offered updates for staff on effective PE teaching methods. A resource library for teaching and learning is complemented by staff meetings to share and discuss best practices.

Our curriculum includes a diverse mix of sports, fitness activities, and skill development. We rotate sports each term and design skill stations focusing on agility, coordination, and strength. The inclusion of games that mix different skills helps to maintain engagement and cover a broad range of physical competencies.

Lessons are adapted to cater to all abilities, including SEND pupils. Strategies like pairing pupils, breaking activities into smaller steps, using non-verbal cues, and providing regular feedback and encouragement ensure an inclusive environment. Modifying environments is helping to reduce sensory overload for those who need it.

Access to a variety of equipment is in place and monitored. A budget plan is in place for regular updates. We are starting to utilise school partnerships to share resources and encourage fundraising or donations to maintain a diverse equipment selection. Equipment is regularly maintained, repaired, and rotated for longevity but this work is ongoing.

Regular assessment and feedback are central to our PE programme. We use observations and drop ins to establish the quality of provision on offer. We now need to extend this to include peer and self-assessment strategies within a coaching model.

To develop the quality of PE lessons, we have focused on, varied and inclusive activities, and robust assessment methods. Staff training through the diverse curriculum keeps pupils engaged and caters to all abilities.

3. Foster healthy lifestyles

Healthy Eating - Provide nutritious school meals and educate about balanced diets. Work with the school's catering team to share information regarding nutritious meals. Arrange workshops with dietitians or health professionals. Integrate lessons on healthy eating into the curriculum. Encourage student involvement in meal planning. Utilise visual aids and interactive activities to teach balanced diets.

Daily Exercise - Incorporate daily physical activities, like 'Daily Mile' runs or fitness breaks. Schedule regular 'Daily Mile' runs. Include short fitness breaks between lessons and use active learning games. Promote walk-to-school initiatives. Create a physical activity calendar.

Wellbeing Education - Teach mindfulness, stress management, and the importance of sleep. Introducing short mindfulness sessions daily. Implementing breathing exercises and relaxation techniques. Educating students on the benefits of good sleep routines. Using apps or videos for guided mindfulness practices and incorporating these topics into PE lessons.

Active Play - Encourage active playtimes with well-equipped outdoor spaces. Ensure outdoor spaces are well-equipped with diverse play equipment and organise structured games and activities. Provide shaded areas for rest and inclusive play. Rotate equipment to keep interest and engagement. Involve pupils in designing play spaces.

Parental Involvement - Engage parents through workshops and communications about healthy habits. Host workshops on nutrition, sleep, and physical activity. Send regular newsletters with tips and resources. Create a dedicated section on the school website and signpost regularly. Encourage family involvement in school fitness events and share success stories of pupils adopting healthy habits.

Planned Expenditure – £5200

Review –

We focus on providing nutritious school meals and educating about balanced diets. Collaborating with the catering team and integrating nutrition lessons into the curriculum highlight healthy eating. Involving pupils in meal planning and using visual aids and interactive activities enhance understanding of balanced diets.

We use active learning games, promote walk-to-school initiatives, and create a physical activity calendar to ensure consistent engagement.

We prioritise mindfulness, stress management, and sleep education within the PSHE curriculum. Daily mindfulness sessions are available and accessed including breathing exercises, relaxation techniques, and education on good sleep routines where needed.

Active playtimes are encouraged but this requires further development in the next academic year to ensure diverse play equipment, organise structured games, provide shaded areas, and rotate equipment to maintain interest and engagement. Pupils need to be involved in designing play spaces to foster a sense of ownership and creativity.

Parents are engaged through communications about healthy habits. This needs to be developed further to include hosting workshops on nutrition, sleep, and physical activity, sending newsletters, creating a dedicated website section, and encouraging family involvement in school fitness events promote a holistic approach to adopting healthy habits.

In summary, we are fostering healthy lifestyles by providing awareness of nutritious meals and integrating lessons on balanced diets into the curriculum. We promote daily physical activities and teach mindfulness, stress management, and the importance of sleep. Active playtimes are encouraged.

4. Provide opportunities for competitive sports

Organise School Teams - Create teams for various sports and hold try-outs. Identify sports based on pupil interest and facility availability. Announce try-out dates well in advance and set clear criteria for selection. Ensure fairness and inclusivity. Provide regular sessions and encourage teamwork.

Inter-school Competitions - Participate in local leagues and tournaments. Register for local leagues and/or tournaments. Organise regular practice sessions. Liaise with other schools for fixtures.

Intra-school Events - Host sports days or house competitions within the school. Plan activities catering to different interests and abilities. Establish teams or houses. Set a date and prepare detailed schedules. Ensure safety measures are in place. Involve the whole school community for support and enthusiasm.

Partner with Clubs - Collaborate with local sports clubs for expertise and facilities. Identify local clubs offering sports relevant to your curriculum and contact them to discuss potential partnerships. Arrange visits or taster sessions led by club coaches. Use their facilities for specific sports and events. Encourage pupils to join these clubs outside school hours.

Staff Training - Enable staff to coach teams and referee matches. Offer training sessions or workshops in coaching and refereeing. Pair new coaches with experienced staff for mentorship. Provide resources like rulebooks and coaching materials. Schedule regular practice sessions and matches. Recognise and celebrate staff contributions.

Planned Expenditure – £5400

Review –

We create teams for various sports by holding try-outs based on pupil interest and facility availability. Clear selection criteria ensure fairness and inclusivity. Regular sessions foster teamwork and skill development. We are looking to enhance this in the 24-25 academic year.

By participating in local leagues and tournaments, we enhance sporting experience. Regular practice sessions and liaising with other schools for fixtures keep students engaged and motivated.

Hosting sports days or class competitions caters to diverse interests and abilities. Establishing teams, setting dates, preparing schedules, and ensuring safety measures involve the whole school community, boosting enthusiasm.

Collaborating with local sports clubs brings expertise and facilities into our programme. We would like to develop the taster sessions and facility use for specific sports to encourage pupils to join clubs outside school hours, enhancing their skills and interest. This is a target for 24-25.

We enable staff to coach teams and referee matches through training sessions and workshops. We need to develop how we pair new staff with experienced staff, providing resources, and recognising contributions to support a robust coaching environment.

Providing opportunities for competitive sports involves creating school teams, organising try-outs, and ensuring fair selection processes. Participation in local leagues and tournaments enhances skills and team spirit. Hosting intra-school events and partnering with local clubs further expand these opportunities and is a key part of our ongoing approach. Continuous staff training in coaching will be a commitment for all.

6. Impact Measures:

At Peters Hill, effective impact measures for the sport premium include tracking pupil participation rates in PE lessons and extracurricular activities, assessing improvements in physical fitness and skill development, and monitoring changes in pupil attitudes towards physical activity. Additionally, feedback from pupils, staff, and parents will provide valuable insights. Analysing data on behaviour, attendance, and academic performance will also demonstrate broader benefits of enhanced PE provision. This will be achieved through the following:

- **Monitoring pupil participation rates.**

Take attendance for each PE session to track individual participation.

Use surveys to gather feedback on pupils' engagement.

Regularly observe sessions to note active participation.

Use software to log and analyse participation data.

Regularly ask pupils about their experience and interest in activities

- **Assessing improvements in pupils' fitness and skills.**

Conduct initial fitness tests to establish a starting point.

Schedule periodic tests to measure progress, such as fitness test or skill evaluations.

Track skill development through regular observation during activities.

Encourage pupils to reflect on their own progress.

Have pupils maintain logs of their physical activity and improvements.

- **Evaluating staff confidence and ability in delivering PE.**

Distribute anonymous surveys asking about their confidence and any challenges they face.

Arrange for teachers to observe and provide feedback to each other.

Offer workshops to enhance their skills and gather feedback afterwards.

Hold meetings to discuss and address any concerns.

Collect feedback from pupils about their experiences in PE lessons.

- **Gathering pupil and parent feedback.**

Online or paper surveys to solicit detailed responses.

Small group discussions to gain deeper insights.

Anonymous suggestions from pupils and parents.

Dedicated time for parents to share feedback.

Casual chats during school events or pickup times.

7. Sustainability:

At Peters Hill, sustainability of the sport premium involves strategic planning to ensure long-term benefits. Investing in staff training and development builds internal capacity, making expertise available even after funding ends. Prioritising durable, high-quality equipment and fostering partnerships with local sports organisations will extend resources. Additionally, embedding a culture of physical activity within the school ethos encourages ongoing engagement and supports continuous improvement.

- **Plans for maintaining activities and resources beyond funding period.**

Allocate funds strategically, considering future needs.

Apply for new grants and funding opportunities.

Organise events or campaigns to raise additional funds.

Seek support from local businesses or community organisations.

Regularly review and repurpose existing resources.

- **Embedding a culture of physical activity within the school.**

Incorporate physical activities into daily lessons.

Implement short, active breaks throughout the day.

Offer a variety of sports and fitness clubs.

Encourage staff to partake in and promote physical activities.

Organise sports days, fun runs, and active fundraisers.

8. Reviewing and Reporting:

At Peters Hill, reviewing and reporting on the sport premium involves regular assessment of spending and its impact. School will collect and analyse data, including participation rates, skill development, and feedback from pupils and staff. Transparent reporting to stakeholders, including governors and parents, will help to maintain accountability and demonstrate effective use of funds. Annual reports will highlight successes, areas for improvement, and future plans, ensuring continuous refinement and alignment with goals.

- **Regularly reviewing the impact of the funding.**

Define clear outcomes you want to achieve.

Use PE assessments, attendance records, and feedback from pupils and staff.

Conduct yearly evaluations to measure progress against objectives.

Create detailed reports to share with stakeholders.

Modify initiatives based on review findings.

- **Reporting outcomes to stakeholders, including governors.**

Create concise reports with key data and impact summaries.

Provide termly or annual updates to keep stakeholders informed.

Use presentations for visual and engaging updates during meetings.

Include success stories and testimonials from pupils and staff.

Share outcomes on the school website for transparency.